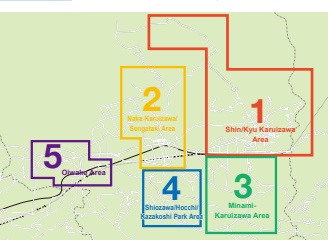




Karuzawa Area Guide

Karuzawa can be roughly divided into five areas. Each area has a wide selection of fascinating activities for the visitors - nature walks, shopping, eating at gourmet restaurants, and visiting various places to appreciate art. Let's see what each area and place has to offer and find the best choices matching your interests best.



3 Minami-Karuzawa

Minami-Karuzawa Area is a perfect place to enjoy sports and leisure activities to your heart's content, all while enjoying views of the majestic Mt. Asama. Have fun shopping at one of Japan's finest malls, playing golf or horseback riding surrounded by beautiful greenery.



MAP I-8



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1 Shin-Karuzawa/ Kyu-Karuzawa

From the middle of Meiji Period, a Canadian missionary named A.C. Shaw and his family spent their summers in Karuzawa. The rich green landscape of Karuzawa is dotted with cottages, the streets are lined with unique shops, and today many people enjoy their vacation in the refreshing highlands of Karuzawa.



MAP J-6



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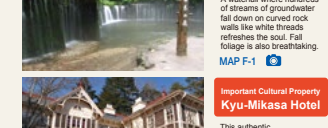
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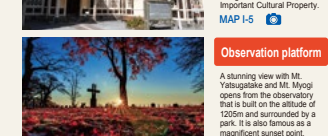
MAP I-6

2 Naka-Karuzawa/ Sengataki Area

Naka-Karuzawa offers many spots to enjoy the gifts of nature, such as the Wild Bird Wood, the crystal-clear Sengataki Waterfall, and the murmuring Yukawa River. After enjoying a combination of nature walks and visits to art museums and literary monuments, we recommend relaxing in one of the area's hot springs.



MAP E-4



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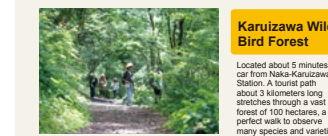
MAP G-7

4 Shiozawa/Hocchi/Kazakoshi Park

Dotted with botanical gardens, sports parks, art museums, literary museums, and various facilities for sport and leisure, it is a well known area to both immerse in the cultural heritage of Karuzawa and have more active kinds of fun. It is also renowned for the many restaurants appealing to lovers of gourmet cuisine.



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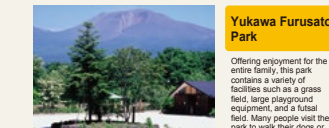
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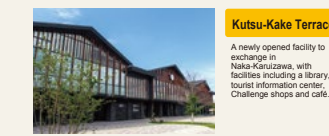
MAP G-9

5 Oiwake Area

During the Edo Period, the Oiwake lodgings, located at the crossroads of Nakasendo and Hokkoku Roads, were the most prosperous of the three lodgings located at the base of Mt. Asama. Oiwake was visited by writers and poets such as Tatsuo Hori and Michizo Tachihara, renowned as an area of holiday homes serving as a place of exchange between men of letters.



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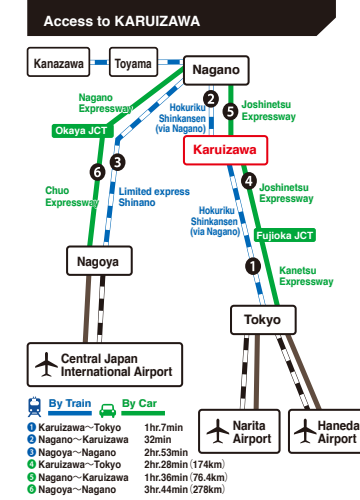
MAP C-8

Logtei

Enjoy a flavorful experience in a genuine log house.

3148-1 Nagakura, Karuzawa-machi TEL.0267-45-2341
Open: 11 am - 2 pm (lunch) / 5 - 9:30 pm (dinner)
Last seating: 8:30 pm, 9 pm last call for orders
Closed: Wednesdays (Open every day in summer)
URL <http://www.logtei.jp/>
FB <https://www.facebook.com/Logtei?fref=ts>

MAP F-7



MAP F-7

Mampei Hotel

Spent precious moments that will last a lifetime... Mampei Hotel celebrated its 120th anniversary by laying the groundwork for an exciting new chapter in its history. Please join us in this new journey!

925 Karuzawa, Karuzawa-machi, Kitasaku-gun, Nagano 389-0102
Tel.0267-42-1234 <http://mampei.co.jp/>

MAP J-6

Karuzawa Hotel Longinghouse

Karuzawa-Izumonosato, Karuzawa-machi, Kitasaku-gun, Nagano 389-0102
TEL: 0267-42-7355
URL <http://longinghouse.jp/>

MAP H-3

Area guide on reverse

Guide to the beautiful Karuzawa Village

Turn over here for the cycling, walking and hiking map.

Mikado Coffee

Flavorful Coffee and Mocha Ice Cream

Karuzawa Kyudo (Kyu-Karuzawa Street) Karuzawa Prince Shopping Plaza
Karuzawa Tsuruya (in Supermarket Tsuruya Karuzawa) Ueda Tsuruya (in Supermarket Tsuruya Ueda Yamaguchi)

mikado-coffee.com

MAP I-6

NATURE RESORT Rising Field Karuzawa

When the middle of nowhere is exactly where you want to be.

www.rising-field.com
TEL 0267-41-6889
CAMP.Trekking.Adventure.Athletic.CAFE&BAR.BBQ

MAP H-3

Karuzawa Jams & Sweets Shirakabado

<http://www.shirakabado.com/>
Ekimae-Dori: 16-7 Karuzawahigashi, Karuzawa-machi
Kyu-Karuzawa Ginza Street, Kyu-Karuzawa Ginza Street Entrance, Karuzawa Prince Shopping Plaza West & East

MAP I-7

Forest cosmos Gallery & Café

Enjoy a moment of quiet reflection amid beautiful paintings.

TEL 0267-44-6540
URL: www.cosmos-art.com

MAP F-9

Glass Workshop

We offer a wide variety of workshops that everyone from children to adults can enjoy!

- Blowing glass 3,300 yen
- Engraving/painting 1,500 yen
- Get candle 1,500 yen
- Sandblasting 2,300 yen
- Photo stand 1,500 yen

There are also plenty of glass souvenirs and handicrafts.

Check out our interesting glass workshop where a total only 20 minutes to make your "One & Only Glass Craft!"

Open: 10am-5pm Closed on Wednesdays and Thursdays
*Open on 7pm every day during summer and GW

664-9 Nagakura, Karuzawa-machi e-mail karuzawaglass@nifty.com web <http://karuzawaglass.com>

MAP G-9

